

Self-care

Pharmacy First

A Camden, Haringey & Islington pilot scheme

Self-care Pharmacy First
is a pilot scheme seeking to
provide better access to care
for minor conditions especially
for those considered socially
vulnerable due to low income.

Date: June 2021

Review date: September 2021

Leaflet adapted by kind permission of City &
Hackney – NHS North East London CCG





How to register

If you were previously registered for the Minor Ailments Scheme, you will need a new registration for the **Self-care Pharmacy First** pilot.

Please speak to your local community pharmacy to see if you qualify for the scheme.

The Community Pharmacy will be able to check that you are registered with a Camden, Haringey or Islington GP practice, and you will need to provide evidence of eligibility for the scheme.

You should take some form of ID and proof of eligibility with you to the Community Pharmacy.

Eligibility for the Self-care Pharmacy First Service will now be provided to residents who are considered socially vulnerable due to low income. These include:

Eligible for the Self-care Pharmacy First service

Patients aged under 16 years who have at least 1 parent who would be eligible for this service

Patients who are receiving Universal Credit and whose income is at a level where they are eligible for free prescriptions.

Patients receiving any other benefits which give them eligibility for free prescriptions:

- NHS Low Income Scheme and are in possession of a valid HC2 certificate.
- Income Support (IS) or Income-related Employment and Support Allowance (ESA)
- Income-based Jobseeker's Allowance (JSA)
- Tax Credit exemption certificate
- Pension Credit Guarantee Credit

Young people aged 16,17 or 18 years

and

- in full-time education or
- part-time education or
- undertaking an accredited level 1 apprenticeship

Homeless & in possession of local authority 'Letter of homelessness'

Prescription charge exemption categories DO NOT give eligibility for Self-care Pharmacy First unless patients also fit into one of The above socially vulnerable categories.

Conditions covered in Self-care First Pharmacy:

Athletes Foot

Head Lice

Constipation (Age > 12)

Minor Injuries

Contact dermatitis

Nappy Rash

Diarrhoea

Ringworm

Dyspepsia and Indigestion

Teething

Earache

Threadworm

Fever (Age <12)

Vaginal thrush

Haemorrhoids

Warts and Verrucas

Hay Fever, Allergic Rhinitis and Allergies